

GRAB & GO
HEAT & EAT



Eggplant Breaded Cutlets

Nutrition Facts	
servings per container	
Serving size	(100g)
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 5g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 260mg	11%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	7%
Total Sugars 3g	
Incl. less than 1g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 49mg	4%
Iron 2mg	10%
Potassium 202mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients:

Eggplant, Breadcrumbs (Unbleached flour, water, gluten, egg yolk, canola oil, sugar, rye flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid, ascorbic acid, enzymes and corn meal) Milk, Vitamin D, Pure vegetable Soybean oil, black pepper, salt.

Contains Eggs, Soy, Wheat, Tree Nuts. Produced in a facility that uses: Fish, shellfish, tree nuts and peanuts.