

GRAB & GO
HEAT & EAT



Spinach Lasagna Rolls

Nutrition Facts

servings per container	1 roll (198g)
Serving size	1 roll (198g)
Amount per serving	
Calories	480
	% Daily Value*
Total Fat 22g	28%
Saturated Fat 13g	65%
Trans Fat 0g	
Cholesterol 75mg	25%
Sodium 280mg	12%
Total Carbohydrate 45g	16%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 26g	
Vitamin D 0mcg	0%
Calcium 388mg	30%
Iron 2mg	10%
Potassium 260mg	6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients:

Semolina (wheat), Durum wheat flour, ricotta cheese (pasteurized whole milk, vinegar, salt), spinach, mozzarella cheese (pasteurized milk, cheese cultures, salt, enzymes, potato starch, canola oil and cellulose powder, natamycin Contains eggs, soy and wheat, tree nuts